

## 2022 CYCLE CALENDAR - 4X4

OCT 2021	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
A	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X
B	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4

  

NOV 2021	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T
A	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4
B	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X

  

DEC 2021	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	
A	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	
B	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	4	X	X	X	X	4	4	4	4	X	X

  

JAN 2022	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	
A	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	
B	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	4	X	X	X	X	4	4	4	4	X

  

FEB 2022	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	
	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	
A	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	4	X
B	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	4	X	X	X	X	4

  

MAR 2022	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T
A	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4
B	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X

  

APR 2022	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
A	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	
B	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	4	X	X

  

MAY 2022	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	
A	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	
B	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	4	X	X	X	X	4	4	4	4	X

  

JUN 2022	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	
A	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	
B	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	4	X	X	X	X	4	4	4

  

JUL 2022	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
A	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X
B	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4

  

AUG 2022	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	
A	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	4	X	X	X	X	4	4	4	4	X
B	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	

  

SEP 2022	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F
A	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4
B	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X

## 2022 CYCLE CALENDAR - 4X4

OCT 2022	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M
A	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4
B	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X

NOV 2022	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W
A	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X
B	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4

DEC 2022	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
A	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X
B	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4

JAN 2023	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T
A	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X
B	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4	4	4	X	X	X	X	4	4